Self(ie) Love Polaroids

Objectives

- Students will identify the places where they feel like their highest selves
- Students will identity moments when they feel like their highest selves
- Students will identify what characteristics define their highest selves

Grade Levels: 4th-8th

Vocabulary and Terms

Identity, highest self

Materials

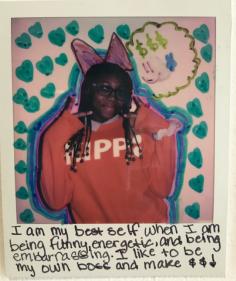
Polaroid portrait, sharpies

Procedures

- 1.) Define identity and highest self
- 2.) Allow students to brainstorm and discuss when and where they feel like the highest version of themselves
- 3.) Allow students to draw on top of their Polaroid picture and write on the bottom to describe this highest version of themselves









I am my best self when I am being funny, with my friends, and when I am at home!



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